



# Lancashire Joint Primary Care Trust

BOARD COMMITTEE

Working together to improve  
mental health services in Lancashire

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Your chance to have your say on the future  
of mental health services in Lancashire

Summary Version



Lancashire Joint Primary Care Trust  
Board Committee  
made up of representation from  
the Local Primary Care Trusts



BLACKBURN WITH DARWEN PCT • CHORLEY AND SOUTH RIBBLE PCT • FYLDE PCT – PRESTON PCT • BURNLEY, PENDLE & ROSSENDALE PCT • WYRE PCT • BLACKPOOL PCT • WEST LANCASHIRE PCT • HYNDBURN & RIBBLE VALLEY PCT

Public Consultation Document

published by Lancashire Joint Board Committee Primary Care Trust

Consultation period: **24th March to 14th July 2006**



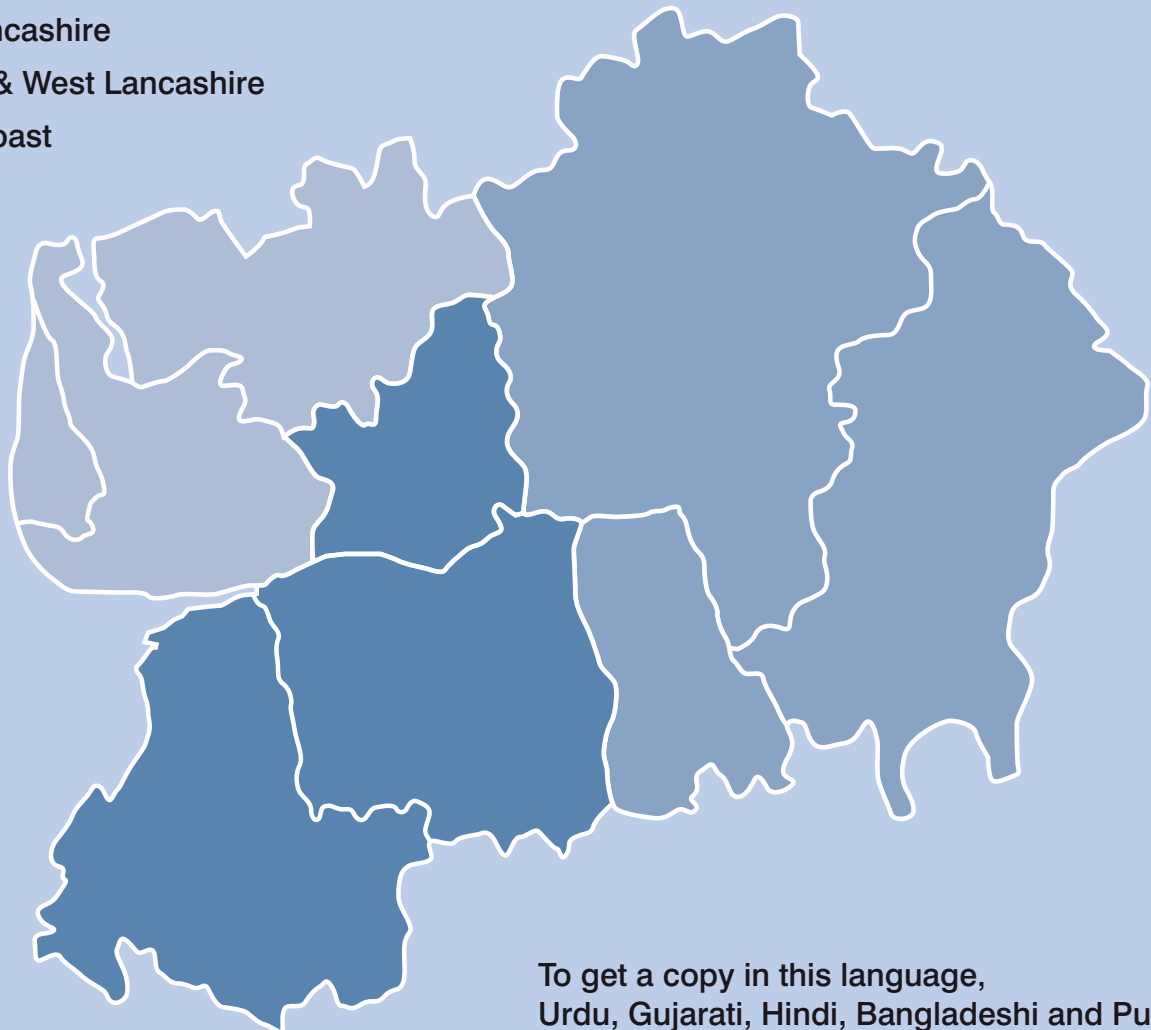
# Working together to improve mental health in Lancashire – modernising hospital services

## Putting Lancashire on the map

Working together to improve mental health in Lancashire  
– modernising hospital services

For the purposes of this public consultation document we refer  
to three particular areas across Lancashire including:

- East Lancashire
- Central & West Lancashire
- Fylde Coast



To get a copy in this language,  
Urdu, Gujarati, Hindi, Bangladeshi and Punjabi,  
please ring 01282 607047.



## The Primary Care Trust's across Lancashire developed many new community mental health services across Lancashire and now want to improve our mental health hospital services.

These changes will affect all people over the age of 16 years who live in Lancashire who come into contact with mental health services. Lancaster is not affected because Morecambe Bay Primary Care Trust has already consulted on plans to improve mental health hospital services.

We want to develop services that help and support people in their own homes and communities. The government has recently published a White Paper called, "Our health our care, our say – a new direction for community services", which supports our views.

In summary we want mental health services to:

- support people in their recovery from the effects of their mental health problem.
- provide more mental health services to people in their homes and communities.
- provide more support to help people with their own personal development and help them to have access to the same opportunities enjoyed by all citizens.

- promote positive mental health and wellbeing in all communities.
- provide better support to carers.

There are 15 mental health hospital units across Lancashire. These units vary in size, but generally the buildings are of poor quality and inadequate.

The new community mental health services will, in the near future, reduce the need for people to go into hospital. Because of this we could need fewer hospital beds. At the moment there are 707 beds, we think we will need about 450 in the future. However, the final number of beds will be worked out locally. It would cost less money to build new hospital sites, than it would to improve the current units.

Having new hospital sites would allow us to make huge improvements and offer hotel-like quality rooms and facilities. Also we could offer more specialist hospital services like a young person unit and services for people who are disabled.

We want to develop local crisis and respite houses as alternatives to going into hospital. Any money we save from hospital changes will go into these types of new community mental health services.

We are seeking your views on the following proposals to:

- provide more services to local communities to support people at home or as near to home as possible.
- fewer NHS beds.
- build three new state-of-the-art mental health hospital sites, one in of each of the following areas:
  - o Central and west Lancashire
  - o East Lancashire
  - o Fylde Coast
- The 15 existing mental health hospital units provided by Lancashire Care NHS Trust will no longer be needed.

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We have chosen three sites because this way we can put more money into developing community services and still have hospitals that you can reasonably get to.

We do not know where the new hospital sites might be located. Because we are planning that the sites will include gardens and outdoor spaces for people to use, we will need very large pieces of land. When we consider locations we will look at transport links and how people could get to the hospital sites.

If we can go ahead with our proposals we will involve local people in deciding on the location and design of the new hospital sites.

In addition to building new mental health hospital sites we want to make it easier for people having a mental health crisis to get help by:

- giving them better information about the mental health services in your area.
- having one place or phone number you can use to get help.

- training mental health workers to do joint health and social care assessments, so you do not have to talk to more than one person about your problems before you get the help you need.
- offering alternatives, such as Crisis and Respite Houses, if they need a lot of help but do not need to go into hospital.

You can also give us your views, or If you want more information please get in touch with us by:

- **replying on-line:** [www.lancashirementalhealth.org.uk](http://www.lancashirementalhealth.org.uk)
- **e-mailing:** [lancashirementalhealth@bprpct.nhs.uk](mailto:lancashirementalhealth@bprpct.nhs.uk)
- **calling:** our public consultation line on 01282 607047; or
- **writing to:** **Freepost RLZT – SGEE - CREL**  
Lancashire Mental Health Project Team  
Suite 171, Bizspace  
Lomeshaye Business Village  
Turner Road  
Nelson BB9 7DR.

**If you are a service user, contact:**

- Lancashire Advocacy on **01772 744050.**

**If you are a carer, contact:**

- Sam Lawrence at Making Space on **01253 508000.**

Or alternatively please attend one of our public events, see page 3 after form.

# Pull-out form



## Working together to improve mental health in Lancashire – modernising hospital services

### Reply and comments form

#### Please send us your views

We would like your comments and views on our proposals for changes to mental health services in Lancashire. We would also like to know your opinions on the questions we have asked throughout the document and which we have reprinted here.

Please use this prepaid, pull-out form to register your comments and views no later than 14 July 2006. You do not need a stamp. The address for your reply is given at the end of this questionnaire.

If you prefer, you may respond on-line by visiting our website at: [www.lancashirementalhealth.org.uk](http://www.lancashirementalhealth.org.uk)

#### Question 1

Do you agree with the general principles for improving mental health services.

Yes     No     Don't know

Are there any other things that we should consider? Please give details.

#### Question 2

Do you agree with our proposals to convert or close the existing mental health units, create three new mental health inpatient sites and release funding to provide improved community services such as crisis support and respite services?

Yes     No     Don't know

Please provide any further comments below.

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## form

### Question 3

Do you agree that the main elements of a good mental health crisis service are provided by a range of professionals from different health and social care agencies.

Yes     No     Don't know

Are there other things that we should also consider?

### Question 4

Do you have any other ideas for improving and modernising mental health services which you think we should consider?

Yes     No     Don't know

Please outline your ideas below.

### Question 5

If you would prefer not to give your name and address please leave these questions blank and go to question 7.

Name: .....

Address: .....

.....

### Question 6

(Please tick one box only.)    Are you responding as:

an organisation (please go to question 7)     an individual (please go to question 9)

### Question 7

Which organisation do you belong to? .....



**Question 8**

Where is your organisation based? .....

**Question 9**

(Please tick one box only.) How would you describe yourself?

- A member of NHS staff
- An unpaid carer
- Other (please give details below)
- A mental health service user
- A member of the public

.....

**Question 10**

Which area do you live in? (Please tick one box only.)

- Blackburn
- Chorley
- Hyndburn
- Preston
- South Ribble
- Other (please give details below)
- Blackpool
- Darwen
- Longridge
- Ribble Valley
- West Lancashire
- Burnley
- Fylde
- Pendle
- Rossendale
- Wyre

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**Question 11**

Are you:  Male?  Female?

**Question 12**

What age group are you in?  18 or under  19 to 40  41 to 60  61 to 80  81 or over

**Question 13**

What is your ethnic group?

- White-British
- Mixed – White and Black Caribbean
- Mixed – Other
- Black or Black British – Other
- Asian or Asian British – Bangladeshi
- Other (please specify) .....
- White – Irish
- Mixed – White and Asian
- Black or Black British – Caribbean
- Asian or Asian British – Indian
- Asian or Asian British – Other
- White – Other
- Mixed – White and Black African
- Black or Black British – African
- Asian or Asian British – Pakistani
- Chinese

# Lancashire Joint Primary Care Trust

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## form

### Question 14

It would help us if you could take a little time to tell us how you heard about this public consultation?  
(Please tick the appropriate boxes).

- |  |  |
|--|--|
| <input type="checkbox"/> Local newspaper | <input type="checkbox"/> Word of mouth                                   |
| <input type="checkbox"/> Website         | <input type="checkbox"/> Poster in GP surgery, clinic, library and so on |
| <input type="checkbox"/> Public notices  | <input type="checkbox"/> Group or organisation                           |

If you would like to be included on our electronic mailing list for updates on **modernising mental health services in Lancashire**, please provide your e-mail address below.

.....  
If you do not want your comments and views to be made public, please put an X in the box provided.

We are bound by the rules of the Freedom of Information Act (2000). This means that we may publish or release all information contained in your response, including personal information. If you ask us to keep information you give us confidential, we can only do so in line with our obligations under the act.

**Please feel free to add further comments here or on a separate sheet of paper.**

### Thank you

Thank you for taking the time to respond to this public consultation. Your views are very important to us and will help to shape the future of mental health services in Lancashire.

We will read all the responses, and we will publish a summary of all those received up to **14 July 2006** and they will be taken into account by the Joint Committee of PCTs.

Unfortunately we cannot acknowledge that we have received your responses.

**Freepost RLZT – SGEE – CREL**  
Lancashire Mental Health Project Team  
Suite 171, Bizspace  
Lomeshaye Business Village  
Turner Road  
Nelson BB9 7DR.

You do not need a stamp to return this form.  
Please fill it in, pull-out and put it in an envelope addressed to:



Alternatively please attend one of our public events.

Date	Time	Borough	Venue
Monday 8th May 06	2pm – 5pm	West Lancashire	Skelmersdale Ecumenical Centre, Northway, WN8 6LU
Tuesday 9th May 06	2pm – 5pm	South Ribble	Best Western Leyland Hotel, Leyland Way, Leyland, PR25 4JX
Wednesday 10th May 06	10am – 1pm	Preston	Gujarat Centre, South Meadow Lane, Preston, PR1 8JN
Wednesday 10th May 06	2pm – 5pm	Fylde	Kirkham Community Centre, Mill Street, Kirkham, PR4 2AN
Thursday 11th May 06	2pm – 5pm	Blackpool	Winter Gardens, Renaissance Suite, 97 Church Street, Blackpool, FY1 1HL
Monday 15th May 06	10am – 1pm	Burnley	Turf Moor, Burnley Football Club, Albert Maddox Suite, Harry Potts Way, Burnley, BB10 4BX
Monday 15th May 06	2pm – 5pm	Hyndburn	Accrington Town Hall, Blackburn Road, Accrington, BB5 1LA
Tuesday 16th May 06	10am – 1pm	Blackburn	Blackburn Central Library, The Hornby Lecture Theatre, Town Hall Street, Blackburn, BB2 1AG
Tuesday 16th May 06	2pm – 5pm	Pendle	Northern Technologies Conference & Exhibit Centre, Netherfield Road Nelson, BB9 9AR
Wednesday 17th May 06	2pm – 5pm	Longridge	Longridge Civic Hall, Calder Avenue (off Berry Lane), Longridge, Preston, PR3 3AN
Thursday 18th May 06	2.30pm – 5.30pm	Ribble Valley	St Mary's Centre, Church Street, Clitheroe, BB7 2DG
Friday 19th May 06	2pm – 5pm	Darwen	Darwen Library Theatre, Knotts Street, Darwen, BB3 3BU
Monday 22nd May 06	6.30pm – 9pm	Wyre	Poulton Youth & Community Centre, Breck Road, Poulton-le-Fylde, FY6 7PU (Next to civic centre)
Wednesday 24th May 06	6.30pm – 9pm	Rossendale	St Mary's Chambers, Haslingden Road, Rawtenstall, Rossendale, BB4 6QX
Thursday 25th May 06	6.30pm – 9pm	Chorley	St Mary's Parish Centre, West Street, (off Devonshire Rd) Chorley, PR7 2SR

# Appendix A

## Glossary

### What do those terms mean?

**Carer** – Someone who provides a great deal of unpaid, regular support to a person with health problems. This could be a husband or wife, parent, partner, friend or neighbour.

**Crisis house** – provides temporary 24 hour supported accommodation for people experiencing a mental health crisis. The support is provided in the accommodation by local voluntary sector providers, with specialist interventions from the local crisis resolution and other community mental health services.

**Primary care trusts (PCTs)** – the organisations responsible for deciding which services local populations need and taking an overview of primary care services provided for example, GPs and pharmacists.

**Respite facilities** - Short-term or temporary care for the service user to provide some time off for the regular, unpaid caregiver. This is usually a partner, family member or friend.

**Service user** – Someone who receives mental health services. Some people prefer to be known as patients, but in recent years many people who receive mental health services have preferred the term 'service user'. They feel this shows the more active role they play in their own health and wellbeing.



# Public consultation guidelines

We are holding this public consultation in line with the six consultation principles summarised below and set out in the Cabinet Office Code of Practice on consultation.

1 We will consult widely throughout the process, allowing at least 12 weeks for written consultation at least once when developing the policy.

2 We will be clear about what our proposals are, who may be affected, what questions we are asking and the timescale for responses.

3 We will make sure that the consultation is clear, concise and widely accessible.

4 We will give you feedback on the responses received and how the consultation process influenced our policy.

5 We will monitor our effectiveness at consultation, by using a designated consultation co-ordinator.

6 We will make sure our consultation follows better regulation best practice, including carrying out a regulatory impact assessment if appropriate.

You can get more information from: [www.cabinetoffice.gov.uk/regulation/consultation/consultation\\_guidance/intro.asp](http://www.cabinetoffice.gov.uk/regulation/consultation/consultation_guidance/intro.asp)

We would like to acknowledge Lancashire Images who have provided all of the photos throughout this document.

[www.lancashireimages.co.uk](http://www.lancashireimages.co.uk)

Editors: Janice Horrocks and Paul Hopley

You can ask for extra copies of the consultation document and a public summary from:

Freepost RLZT – SGEE - CREL  
Mental Health Project Team,  
Suite 171,  
Bizspace, Lomeshaye Business Village,  
Turner Road,  
BB9 7DR.  
Phone: 01282 607047  
E-mail: [lancashirementalhealth@bprpct.nhs.uk](mailto:lancashirementalhealth@bprpct.nhs.uk)

Or you can download a copy from the website:  
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