

# FEEDBACK

June 2009

Written and edited by **Carer and Service User representative members**  
to the **Lancashire Mental Health and Social Care Partnership Board (LPB)**

Issue No. 10

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The LPB was established in 2005 to lead and support a programme of change within mental health services across Lancashire

*Welcome to the Partnership's new website* [www.lancashirementalhealth.co.uk](http://www.lancashirementalhealth.co.uk)

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## Lancashire Mental Health And Social Care Partnership



On Monday 11th May, the new Lancashire Mental Health and Social Care Partnership website was launched.

The site provides information about the various current work programmes, news and events as featured in our newsletter, and includes copies of the minutes from the meetings for the:-

- \* **The Partnership Board**
- \* **The Service User and Carer Involvement Group**, and
- \* **The Lancashire Mental Health Third Sector Consortium**

There are a specific pages dedicated to providing information for service users and carers, and work taking place with third sector organisations.

We hope to be able to develop this site further in the future and welcome your views and comments.

If you are not already registered to receive information directly but would like to, please contact the Partnership Team on 01282 607047, or email [lancashirementalhealth@eastlancspct.nhs.uk](mailto:lancashirementalhealth@eastlancspct.nhs.uk) who will be happy to hear from you.

## Carers Week 8th-14th June 2009



Six million people provide unpaid care to someone they know. During Carers Week 2009, this hidden army will speak out.

The UK's carers are, quite literally, indispensable. By providing unpaid care for someone they know who is ill, frail or disabled, they save the economy an incredible £87 billion.

Despite this - and the fact that 3 in 5 people will be carers at some point in their lives - carers often face a lack of recognition in all areas of their lives. Carers experience this from employers, GPs and social workers, even friends and family.

Carers Week will combat this by highlighting and celebrating the incredible contribution that carers make, sharing the positive experiences as well as the more difficult.

Contact information

Tel: 0854 241 2582 Fax: 020 7378 9781 Email: [mail@carersweek.org](mailto:mail@carersweek.org) Website: [www.carersweek.org](http://www.carersweek.org)

**Lancashire Mental Health and Social Care Partnership Board**

Made up of representation from Local Authorities, NHS Trusts, Third Sector, Service Users & Carers



"Working together to improve mental health"



Spring Wood, Padiham  
Lancashire County Council

## FEEDBACK Questionnaire

Thank you to everyone who completed and returned one of the 'Feedback' questionnaires, giving us your views on our newsletter and how you think it may be improved.

The Partnership Team are currently reviewing all of the comments received so far, the results of which we do hope to be able to bring you in the August issue.

We value your contributions, and if you would still like the chance to have your say, please contact the Partnership Team on 01282 607047 to receive a copy of the questionnaire with a freepost response envelope.

Alternatively the questionnaire may be found on our website (with the freepost address) at [www.lancashirementalhealth.co.uk](http://www.lancashirementalhealth.co.uk).

### Service User & Carer Representatives

If you would like to get in touch with your local area service user or carer representative please contact:-

The Partnership Team on 01282 607047

- Angela**  
Carer Rep for the Fylde Coast
- Brian**  
Service User Rep for Central Lancashire
- Ian**  
Carer Rep for North Lancashire
- Marjorie**  
Carer Rep for Central & West Lancashire
- Maureen**  
Service User Rep for East Lancashire
- Phil**  
Service User Rep for the Fylde Coast
- Rod**  
Service User Rep for North Lancashire
- Valerie**  
Carer Rep for East Lancashire
- Waheda**  
Carer Rep for Lancashire BME communities



Lancashire Care **NHS**  
NHS Foundation Trust

## Lancashire Mental Health Helpline

**Thank you** to everyone who completed and returned a mental health helpline questionnaire, giving us your views on the current service and how you would like to see it improved.

The Partnership Team had a very good response and received 103 questionnaires in total. Your contributions are vital in helping to improve services.

We will continue to keep you informed of any future developments in this work.

Your help and involvement is very much appreciated.

### Lancashire Mental Health Helpline

**FREEPHONE 0500 639000**

Opening hours - Monday to Friday - 7pm to 11pm

Saturday and Sunday - 12 noon to 12 midnight

[www.lancs-mentalhealthhelpline.nhs.uk](http://www.lancs-mentalhealthhelpline.nhs.uk)

## S.E.E.D.

### Support and Education on Eating Disorders

S.E.E.D. offers information, advice, education and practical help for individuals suffering from eating disorders and their carers.

They currently offer a weekly drop-in and information service (Fridays 1pm-3pm) and a fortnightly self help-group (Fridays 7pm-8.30pm) from Preston Disc, 103 Church Street, Preston, PR1 3BS.

For further information please contact 07738 891507 (Shelley) or 07922 828806 (Emma) or email [preston.eds@hotmail.co.uk](mailto:preston.eds@hotmail.co.uk) or visit the SEED website [www.lancashireseed.btik.com](http://www.lancashireseed.btik.com)



## In August's newsletter

In our next newsletter we will be bringing you some information about DIRECT PAYMENTS and how they may be able to help some service users and carers', allowing people to take control of their own arrangements to assist with independent living, help aid recovery and improve quality of life.

The  
Glam  
Rocks

Blackpool

Lancashire  
Tourism



If you would like to make contact with your area representative or register your details to be kept informed of our current work, please contact

**The Partnership Team**, Suite 217-218 Bizspace, Turner Road, Nelson BB9 7DR - Tel:01282 607047 Fax: 01282 607051

Email: [lancashirementalhealth@eastlancspt.nhs.uk](mailto:lancashirementalhealth@eastlancspt.nhs.uk)

- your details will be held in the strictest confidence