

FEEDBACK

February 2009

Written and edited by **Carer and Service User representative members** to the **Lancashire Mental Health and Social Care Partnership Board (LPB)**

Issue No. 8

In this issue -


- ❖ Refreshing the Partnership's Vision
- ❖ Feedback on 'Feedback' - tell us what you think
- ❖ Mental Health Commission Report
- ❖ 'Time to Change' - TV Advertising Campaign

The LPB was established in 2005 to lead and support a programme of change within mental health services across Lancashire

Refreshing the Partnership's Vision

'Working together to improve mental health'

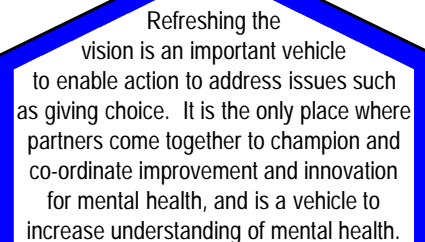
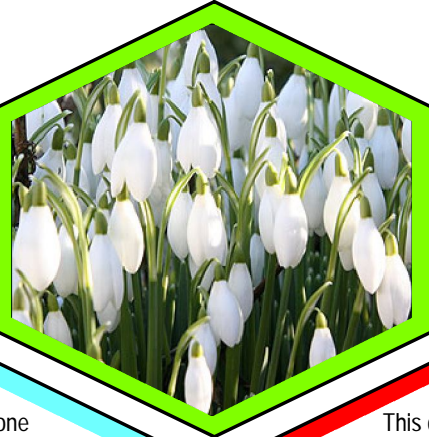
The Lancashire Mental Health and Social Care Partnership have renewed their principles and priorities as set out in their recently published document 'Working together to improve mental health'. Service User and Carer Representatives give their views on the new vision which they helped to create alongside organisational members.



This new document is easy to read and understand and clearly sets out the Partnership's main priorities for the future. Everyone should have the same opportunities for care, based on what works best and I hope this aim can be eventually achieved for everyone.

Angela

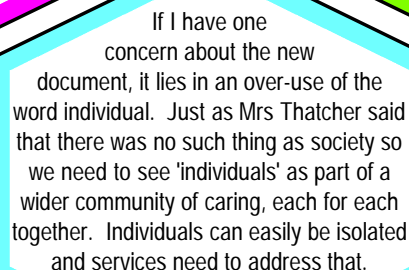
Fylde Coast



Refreshing the vision is an important vehicle to enable action to address issues such as giving choice. It is the only place where partners come together to champion and co-ordinate improvement and innovation for mental health, and is a vehicle to increase understanding of mental health.

Ian

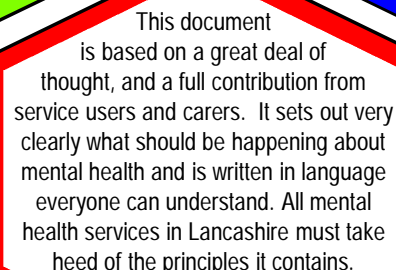
North Lancs



If I have one concern about the new document, it lies in an over-use of the word individual. Just as Mrs Thatcher said that there was no such thing as society so we need to see 'individuals' as part of a wider community of caring, each for each together. Individuals can easily be isolated and services need to address that.

Rod

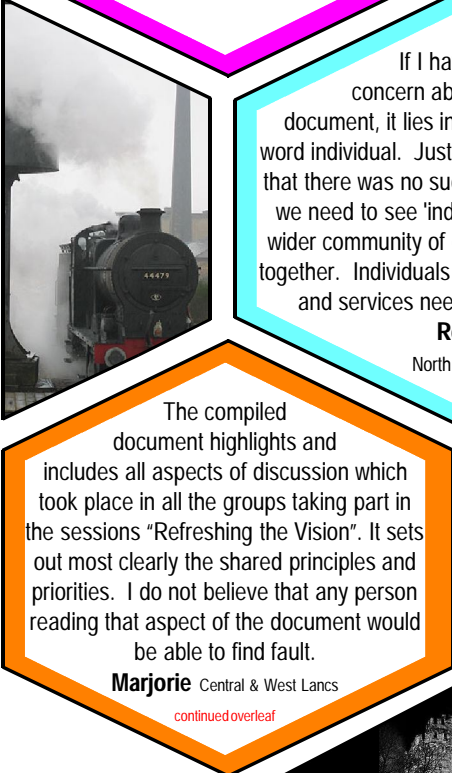
North Lancs



This document is based on a great deal of thought, and a full contribution from service users and carers. It sets out very clearly what should be happening about mental health and is written in language everyone can understand. All mental health services in Lancashire must take heed of the principles it contains.

Valerie

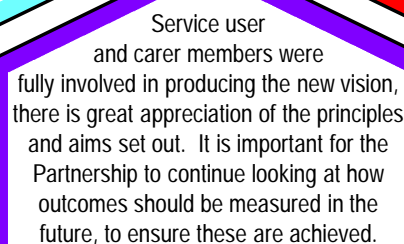
East Lancs



The compiled document highlights and includes all aspects of discussion which took place in all the groups taking part in the sessions "Refreshing the Vision". It sets out most clearly the shared principles and priorities. I do not believe that any person reading that aspect of the document would be able to find fault.

Marjorie Central & West Lancs

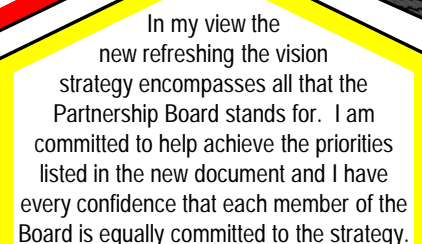
continued overleaf



Service user and carer members were fully involved in producing the new vision, there is great appreciation of the principles and aims set out. It is important for the Partnership to continue looking at how outcomes should be measured in the future, to ensure these are achieved.

Brian

Central Lancs



In my view the new refreshing the vision strategy encompasses all that the Partnership Board stands for. I am committed to help achieve the priorities listed in the new document and I have every confidence that each member of the Board is equally committed to the strategy.

Maureen

East Lancs

continued overleaf



Lancashire Mental Health and Social Care Partnership Board

Made up of representation from Local Authorities, NHS Trusts, Third Sector, Service Users & Carers



"working together to improve mental health"

Marjorie - Carer

Central and West Lancs (continued)

I believe the emphasis must now lie on how, when and where and in what time span we are able to achieve the listed priorities.

The document will create expectations for service users and carers and as the document says they will be the judge of whether we have "Reached a position where people receiving care agree that we have achieved what we set out to do."

Maureen - Service User - East Lancs (continued)

Now that East Lancashire has indicated the preferred site for its new inpatient care, I intend to work hard with the rest of the team to ensure this is fit for purpose. In addition, to make sure that the promise of alternative crisis care models made by the Board are realised.

Over the past few months, as a Service User in receipt of services, I have worked hard to ensure that true partnership working principles are evident in the services my fellow service users and I receive. Although this has proved challenging to say the least, we are becoming an empowered group. This in turn has had many positive benefits for our mental health wellbeing. We are pleased that this new document will continue to guide us on our journey.



NHS North West Mental Health Commission Report "A better future in Mind"

October 2008

John Boyington, Chair of the Commission attended the December 2008 Partnership Board meeting to deliver a presentation on the report.

The report was developed following a year-long programme of engagement, discussion, debate and analysis with stakeholders across the mental health community in the North West, brief summary as follows:-

- * *There has been some progress in developing mental health services, but more still needs to be done.*
- * *Across the North West some important services are not available.*
- * *More money needs to be spent on helping prevent mental illness and on helping people with common mental health problems.*
- * *People should be involved in deciding what mental health services are available and if they are good enough.*
- * *The NHS and Local Authorities need to improve 'Commissioning' (for deciding which services public money is spent on).*
- * *Staff should provide care and support based on a 'strengths-based recovery model'.*
- * *Service users, carers and communities involvement should be stronger in all areas.*
- * *Good work and examples of good services should be shared and made available across the North West.*

A full copy of the report can be downloaded from www.northwest.nhs.uk/projects/mental_health_commission/ or from the NHS North West Mental Health Commission on 0161 237 2039.



University of Central Lancashire

The Comensus Project involves the engagement of service users and carers to ensure their voices are heard within all teaching, research and strategic activity within the Faculty of Health and Caring Sciences at UCLan.

This is done in lots of ways including direct teaching, reviewing learning materials, sitting on strategic forums, getting involved in research, community engagement and academic and student liaison.

The Community Involvement Team (CIT) is a group of volunteer service users and carers, raising awareness of service user and carer issues with UCLan, helping to influence how professionals work, students are taught, patients are treated and how the university works.

If you would like to get involved with the CIT or require further information please contact the Comensus Project office on 01772 893818 Email: Imalihi-shoja@uclan.ac.uk.

Comensus Project, University of Central Lancashire, Brook 328, Preston PR1 2HE.

time to change

let's end mental health discrimination



Watch the TV ad and find out what's behind the campaign to end mental health discrimination.

Tel: 020 8215 2356
Email: info@time-to-change.org.uk
Website: www.time-to-change.org.uk

Feedback on "Feedback" - QUESTIONNAIRE

The first issue of 'Feedback' was produced in December 2007 for service users, carers, staff and members of the public to be kept informed of the Partnership Board's work.

We value your comments and would like to know what you think of our "Feedback" newsletter, and whether you are happy to continue to receiving a copy every two months. With this month's issue, we have enclosed a questionnaire and freepost reply envelope (for postal copies), to seek your views. Under the Data Protection Act, we are required to make sure that the details we hold for you in confidence, are correct and up to date.

We should be most grateful to our readers, if you could please take the time to complete the accompanying questionnaire, re-confirming your details we hold, and giving us your thoughts about our newsletter and how you think it could be improved in the future. **THANK YOU** for your continued interest and support.

If you would like to make contact with your area representative or register your details to be kept informed of our current work, please contact

The Partnership Team, Suite 217-218 Bizspace, Turner Road, Nelson BB9 7DR - Tel:01282 607047 Fax: 01282 607051

Email: lancashirementalhealth@eastlancspt.nhs.uk - your details will be held in the strictest confidence